

Time	Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8.00 – 8.30	All	Yoga Meditation	Sports Club	Board Games	Dodge Ball	Drawing Club	Morning of Seasonal Sports	All Day Cultural Excursion
3.50 – 4.45	Juniors	Hockey	Rugby	Basketball	Handball	Football		
	Middle Boys	Football	Handball	Rugby	Basketball	Hockey		
	Middle Girls	Hockey	Rugby	Basketball	Handball	Football		
5.00 – 6.00	Juniors	Prep	Prep	Prep	Prep	Activity		
	Middles	Science Club Prep	Prep	Prep	Prep	Science Club 2 Art I		
	Senior Girls	Dance	Netball	Hockey	Basketball	Football	Afternoon of local or College based activity	
	Senior Boys	Badminton	Handball	Football	Basketball	Hockey		
7.00 – 7.45	Juniors	5 min Splat, Ping Pong	Stories	Team Building Exercises	Cooking / Art	Free Time		
	Middles	Art I Prep	Drama					
	Seniors	Prep	Prep	Prep	Prep			