

Time	Age	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8.00 – 8.30	All	Yoga Meditation Basketball	Sports Club	Rounders Chess	Dodge Ball Singing Club	Fitness Drawing Club	Morning of Seasonal Sports	All Day Cultural Excursion
3.50 – 4.45	Juniors	Cricket	Athletics	Football	Softball	Rugby		
	Middle Boys	Football	Basketball	Cricket	Rugby	Athletics		
	Middle Girls	Netball/Rounders	Rugby	Football	Cricket	Basketball		
5.00 – 6.00	Juniors	Prep	Prep	Prep	Prep	Activity		
	Middles	Science Club 1 Prep	Prep	Prep	Prep	Science Club 2 Art 1		
	Senior Girls	Badminton	Basketball	Tennis	Netball	Cricket		
	Senior Boys	Rugby	Tennis	Cricket	Badminton	Football		
7.00 – 7.45	Juniors	5 min fillers	Stories	Team Games	Outdoor Games	Free Time	Afternoon of local or College based activity	
	Middles	Art 1 Prep	Drama					
	Seniors	Prep	Prep	Prep	Prep			